

“Orchestrating Partnerships & Leveraging Resources to Create & Sustain Respite Opportunities”

16th Annual National Lifespan Respite Conference

October 7-8, 2014- Nashville TN

Brenda Reece, Executive Director

High Country Caregiver Foundation

Learning Objectives:

- Identify 2-3 new potential partners and/or sponsors to successfully leverage funds and in-kind donations
- Identify 3-5 best practices in designing, sustaining and implementing programs for family and kinship caregivers
- Identify ways to cultivate and have donors, sponsors, board members and volunteers become vested in your organization's mission



High Country Caregiver Foundation

Who We Are

High Country Caregiver Foundation (HCCF) is a 501 (c) (3) non-profit organization passionate about helping family and kinship caregivers in Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes and Yancey counties. We believe that when caregivers use respite and other support services they are better able to preserve quality in their own lives and enhance overall family life.

High Country Caregiver Foundation

HCCF puts primary emphasis on organizing community support and involvement in its programming and regards partnering as a key to its success. We realize the importance of collaborating with other agencies and organizations to better serve our community.

HCCF exists solely from donations, sponsorships, grants, partnerships and fundraising activities.

Our Partner

The High Country Council of Governments provides staff and administrative services for The High Country Caregiver Foundation. This allows HCCF to distribute a much larger portion of donations to local caregivers for respite services.



A Special Thank You

to the following for their constant and continued support of our various programs



ALPHA OMICRON PI

Fraternity



Restaurant & Catering



North Carolina Family Caregiver Support Program
Completing the Care

COMBS,

TENNANT & CARPENTER, P.C.
Certified Public Accountants

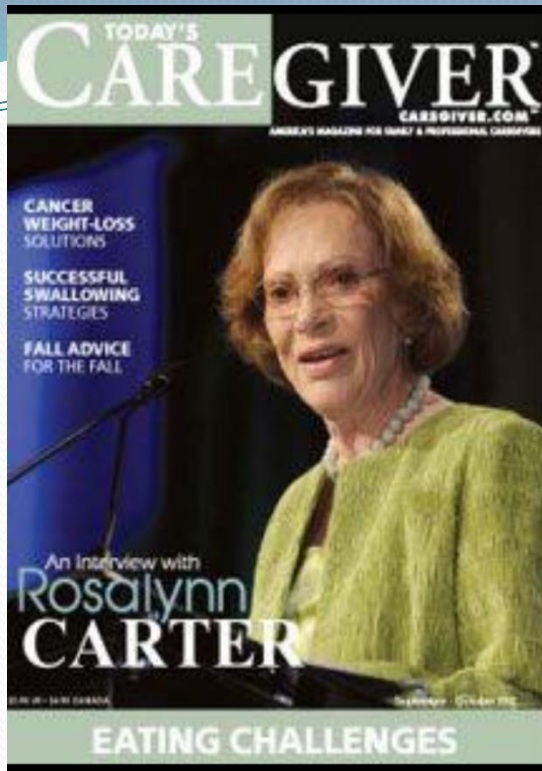
High Country Caregiver Foundation

Our Mission

To create awareness of caregiving issues and improve the quality of life for caregivers and those they care for through advocacy, information and referral resources, education, emotional support and supplemental and respite services.

Our Partner

The High Country Council of Governments provides staff and administrative services for The High Country Caregiver Foundation. This allows HCCF to distribute the majority of donations to local caregivers for respite services.



“There are only 4 kinds of people in this world:

Those who have been caregivers,
Those who are currently caregivers,
Those who will be caregivers,
Those who will need caregivers.”

-Rosalynn Carter Institute for Human Development

Our Programs & Services

- *Respite Voucher Program*
- *Relatives as Parents Program (RAPP)*
- *Day Break at Deerfield*
- *HC REACH*
- *Support Groups*
- *Annual Caregiver Appreciation Events*
- *Educational Programs*
- *Information, Assistance & Referral*
- *Supplemental Services*

Who is a Family Caregiver?



Someone who has a deep personal relationship with a person who is chronically ill or disabled and whose own life has been impacted by their loved one's condition. You don't have to be related, live in the same house-or the same town or state- as the person for whom you care.

Voucher Program

Purpose of Vouchers

- Caregiver vouchers are designed to assist family members and other unpaid persons who provide in-home care to an aged or disabled person.

How they work

- The vouchers help caregivers obtain respite(temporary relief from their caregiving duties by paying for trained in-home care, adult day care or short-term institutional care with participating providers.

Relatives as Parents Program

Serving Avery & Watauga counties

Our Vision is to be recognized in the High Country as the leading resource for providing support, education and advocacy for grandparents and other relatives raising children. Our monthly RAPP sessions provide a warm and supportive atmosphere. They include various workshop topics as well as outreach and advocacy issues.

Our services are available to any relative caregiver who has taken on the responsibility of raising a minor child. Participants will play an integral role in the program's design.



Relatives as Parents Program (RAPP)



“High Country RAPP is a place where we can discuss the balancing act between our needs and the Grandkids’ needs. We can also share the terrible frustration of our children’s inability to parent.”

“Look Nana, those girls live with their Grandma too.”



“Sometimes my problems overwhelm me. Now I can hear how others in similar situations are managing.”



Holidays for Kids

We can assist you as a kinship caregiver during the holidays



There will be a toy drive held in Watauga, Avery and Ashe counties. If you would like to participate in receiving gifts contact Brenda Reece no later than **November 22, 2013.**

Sponsored by



Are you a grandparent or other relative raising a child?

Could you benefit from assistance around the holidays?

If so, you are not alone. We at the High Country Caregiver Foundation are here to support the caregivers in our community.

Contact Brenda Reece for more information on how to receive help:
828-265-5434, ext. 128
breece@regiond.org





A Social Model Group Respite Program for Caregivers of those with dementia



Are you a full or part time caregiver providing care for a loved one?



Deerfield Ridge Assisted Living offers a monthly caregiver support group. This group is led by individuals who have been caregivers and understand the challenges you face every day. This group is free and open to the public.

Deerfield Ridge Assisted Living,
287 Bamboo Road, Boone, NC

1st and 3rd Thursday of the month at 1pm
Call 828.264.0336 for additional information



Daybreak at Deerfield

Let us give your loved one a day out. Daybreak at Deerfield is designed to give caregivers a day out while giving their loved ones an opportunity to be with others and participate in stimulating activities.



Where: Every Tuesday 10am-3pm

Where: Deerfield Ridge Assisted Living,
287 Bamboo Rd, Boone, NC

Cost: \$20.00/day and includes lunch and activity costs (scholarships available)

For more information or to sign up a loved one for Daybreak, please contact Brenda Renzo 828.265.5434 ext 128 or email brenzo@deerfield.org for an application.



(Resources to Enhance Alzheimer's Caregivers Health)

H I G H C O U N T R Y C A R E G I V E R F O U N D A T I O N

Reach Out

REACH OUT (Resources for Enhancing Alzheimer's Caregiver Health)



Are you a Caregiver?

If you are, please
contact Brenda Reese
to learn more about
the Reach Out
program at

1-828-265-5434 x 128

Or
breece@regiond.org



What is Reach Out?

Reach Out is the High Country Caregiver Foundation's newest program created for Alzheimer's caregivers!

Reach Out is now offering complimentary supportive services to caregivers in Watauga County and Ashe County.

Reach Out

Reach Out is an evidence-based caregiver support system designed to promote the health and well-being of adults caring for persons with dementia. The program consists of personalized sessions for the caregiver to help them manage the care of their loved one, while maintaining their own wellbeing.

Caregiver Support Groups



Annual Caregiver Appreciation Events



Fundraising Events



Trivia



Golf Tournament

Fundraising Events



Fundraising Events

*Dinner at
Crestwood*



Fundraising Events

AcaBOOla



Educational Programs & Health Fairs



Information, Assistance & Referral

Education, information, assistance and referrals to appropriate health, mental health, legal and social services via telephone, mail, email, or in-person is offered through collaboration with the Family Caregiver Support Program's regional Family Caregiver Support Specialist

**One person caring for
another represents life's
greatest value.**

Last Year Through Partnerships & Collaborations HCCF:

- Leveraged \$26,250 in grants
- Raised \$37,604 through fundraising
- Awarded 82 \$500 Respite Vouchers
- Enrolled 9 participants in Day Break at Deerfield
- Served 3 clients with HC REACH
- Assisted 58 kinship care families
- Responded to 552 request for information
- Helped 103 clients to access services
- Hosted 12 Caregiver events with 1052 attendees

Meet Our 2013-2014 Board Members



Contact Information:

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breece@regiond.org
www.hccgf.org

